

# Cedarbrook Camp Southern California

## What Do We Take to Camp?

Common sense is the best guide for choosing clothes for camp. Nights are cool; days may be warm. Legs and feet need protection on hikes. So, bring closed shoes with laces, i.e. tennis shoes and socks to protect the feet. You may also want to bring some “grubbies” (old clothes you don’t mind getting dirty).

Use the following suggestion list as you pack for camp. Write down how many of each item you pack. When you are packing to go home from camp, check to see that the number you brought is the number you take home. Careful packing and labeling of all your belongings will cut down on the number of articles left at camp. We are not liable for lost articles.

*TAPE THIS LIST INSIDE YOUR SUITCASE*

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> <b>Parent Questionnaire</b>  | <input type="checkbox"/> Bible  | <input type="checkbox"/> Sandals                                       |
| <input type="checkbox"/> <b>Camper Release Form</b>   | <input type="checkbox"/> Postcards addressed to home                                    | <input type="checkbox"/> Flashlight/new batteries                      |
| <input type="checkbox"/> <b>HEALTH FORM (parent’s signature required)</b>   | <input type="checkbox"/> Canteen, water bottle  | <input type="checkbox"/> Pillow  |
| <input type="checkbox"/> <b>Medications in original containers</b>  | <input type="checkbox"/> Towels, washcloth  | <input type="checkbox"/> Warm pajamas                                  |
| <input type="checkbox"/> <b>Spending money</b>  | <input type="checkbox"/> Plastic or metal cup   | <input type="checkbox"/> Soap  |
| <input type="checkbox"/> <b>Bathing suit</b>  | <input type="checkbox"/> Toothbrush/toothpaste  | <input type="checkbox"/> Comb, hairbrush                               |
| <input type="checkbox"/> Sweaters, jackets, sweatshirts   | <input type="checkbox"/> Chapstick  | <input type="checkbox"/> Eye glasses, sun glasses                      |
| <input type="checkbox"/> Shorts   | <input type="checkbox"/> Blouses, shirts, t-shirts                                      | <input type="checkbox"/> Long pants (2-3 pair)                         |
| <input type="checkbox"/> Underwear  | <input type="checkbox"/> Tissues  | <input type="checkbox"/> Camera, film                                  |
| <input type="checkbox"/> Insect repellent   | <input type="checkbox"/> Musical instrument   | <input type="checkbox"/> Hats, scarves                                 |
| <input type="checkbox"/> WARM OUTDOOR sleeping bag PLUS an extra blanket  | <input type="checkbox"/> Rain gear, ponchos   | <input type="checkbox"/> Costume stuff for fun theme                   |
| <input type="checkbox"/> Tennis shoes (2 pair minimum)  | <input type="checkbox"/> Socks  | <input type="checkbox"/> Laundry bag (plastic bag) (for dirty clothes) |
| <input type="checkbox"/> Creek walking shoes-must be sturdy with closed toes (old tennis shoes are best – no water walkers) | <input type="checkbox"/> Laundry soap and quarters for dirty clothes for 2 week campers |  |

**Items in bold should be readily available during check-in**

NOTE: Since cell phones can be a distraction from the camp experience for campers and staff, Cedarbrook Camp reserves the right to limit their use.

**NO RADIOS, I-PODS OR PERSONAL SPORTS EQUIPMENT. NO ANIMALS.**